

**EXPAREL**<sup>®</sup>  
(bupivacaine liposome injectable suspension)

## JOIN US FOR AN IN-PERSON PROGRAM ON OPTIMIZING RECOVERY AFTER SURGERY WITH EXPAREL

**Host: Fernando Villagran**  
(202) 468-6957 and Fernando.Villagran@pacira.com

**Saturday, March 29, 2025**

Arrival Time: 12:15 PM ET

Start Time: 12:30 PM ET

**McCormick & Schmick's Seafood & Steaks**

145 National Plaza  
Oxon Hill, MD 20745



**Presented by:**

**Ryan Mountjoy, MD**  
Anesthesiologist  
Spectrum Healthcare Partners  
Portland, ME

The speaker has a consulting relationship with Pacira BioSciences, Inc.  
The updated PhRMA Code does not allow alcohol to be served at this program.

### INDICATION

EXPAREL<sup>®</sup> (bupivacaine liposome injectable suspension) is indicated to produce postsurgical local analgesia via infiltration in patients aged 6 years and older and regional analgesia in adults via an interscalene brachial plexus nerve block, sciatic nerve block in the popliteal fossa, and an adductor canal block. Safety and efficacy have not been established in other nerve blocks.

**Please see Important Safety Information on the next page.**

**TO REGISTER,**  
scan here or visit  
PaciraRSVP.com  
Meeting ID: 710



Please RSVP at least 4 business days in advance.

If you have any questions about this program, please contact Fernando Villagran at (202) 468-6957 or Fernando.Villagran@pacira.com

**During this program, you'll gain valuable insight on:**

- Opportunities with Regional Anesthesia
- Opioids and postsurgical Pain
- Multimodal analgesia for management of postsurgical pain
- The safety and versatility of EXPAREL (nerve blocks, field blocks and infiltration)
- The NOPAIN Act



## IMPORTANT SAFETY INFORMATION

EXPAREL is contraindicated in obstetrical paracervical block anesthesia.

Adverse reactions reported in adults with an incidence greater than or equal to 10% following EXPAREL administration via infiltration were nausea, constipation, and vomiting; adverse reactions reported in adults with an incidence greater than or equal to 10% following EXPAREL administration via nerve block were nausea, pyrexia, headache, and constipation.

Adverse reactions with an incidence greater than or equal to 10% following EXPAREL administration via infiltration in pediatric patients six to less than 17 years of age were nausea, vomiting, constipation, hypotension, anemia, muscle twitching, vision blurred, pruritus, and tachycardia.

Do not admix lidocaine or other non-bupivacaine local anesthetics with EXPAREL. EXPAREL may be administered at least 20 minutes or more following local administration of lidocaine.

EXPAREL is not recommended to be used in the following patient populations: patients <6 years old for infiltration, patients younger than 18 years old for nerve blocks, and/or pregnant patients.

Because amide-type local anesthetics, such as bupivacaine, are metabolized by the liver, EXPAREL should be used cautiously in patients with hepatic disease.

### Warnings and Precautions Specific to EXPAREL

Avoid additional use of local anesthetics within 96 hours following administration of EXPAREL.

EXPAREL is not recommended for the following types or routes of administration: epidural, intrathecal, regional nerve blocks **other than interscalene brachial plexus nerve block, sciatic nerve block in the popliteal fossa, and adductor canal block**, or intravascular or intra-articular use.

The potential sensory and/or motor loss with EXPAREL is temporary and varies in degree and duration depending on the site of injection and dosage administered and may last for up to 5 days, as seen in clinical trials.

### Warnings and Precautions for Bupivacaine-Containing Products

**Central Nervous System (CNS) Reactions:** There have been reports of adverse neurologic reactions with the use of local anesthetics. These include persistent anesthesia and paresthesia. CNS reactions are characterized by excitation and/or depression.

**Cardiovascular System Reactions:** Toxic blood concentrations depress cardiac conductivity and excitability, which may lead to dysrhythmias, sometimes leading to death.

**Allergic Reactions:** Allergic-type reactions (eg, anaphylaxis and angioedema) are rare and may occur as a result of hypersensitivity to the local anesthetic or to other formulation ingredients.

**Chondrolysis:** There have been reports of chondrolysis (mostly in the shoulder joint) following intra-articular infusion of local anesthetics, which is an unapproved use.

**Methemoglobinemia:** Cases of methemoglobinemia have been reported with local anesthetic use.

Full Prescribing Information is available at [www.EXPAREL.com](http://www.EXPAREL.com).

For more information, please visit [www.EXPAREL.com](http://www.EXPAREL.com) or call 1-855-793-9727.



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